

Weekly Newsletter

THE KENT COMPANIES

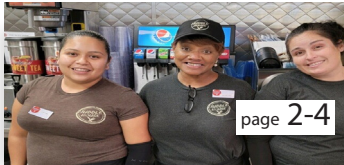
Making your life



Sept. 10, 2021

Period 10, Week 1

Food Service



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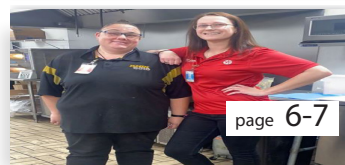
Safety



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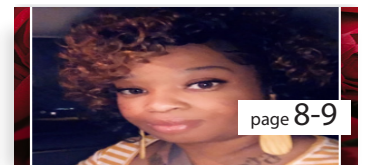
Just Say "No" to Road Rage
by Kevin Michalowski

Kent Kwik



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Mr. Payroll



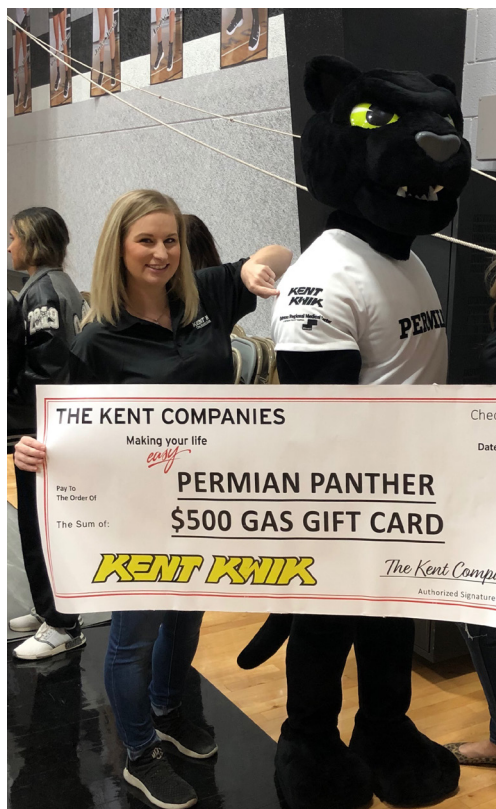
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CORPORATE NEWS



A BIG Happy 10th Work Anniversary to Meredith Bright, Director of Corporate Communications and Brand Development! So glad to be able to be a part of your Team! Cheers to your next 10 years!



KENT CARWASH NEWS



Happy 1 year work anniversary to Justin Ochoa!!!

FOOD SERVICE NEWS

WELCOME TO THE TEAM!



We want to welcome Laura our new Cake Decorator to our Baskin Robbins Team at 1492!



THANK YOU FOR ALL OF YOUR HELP!

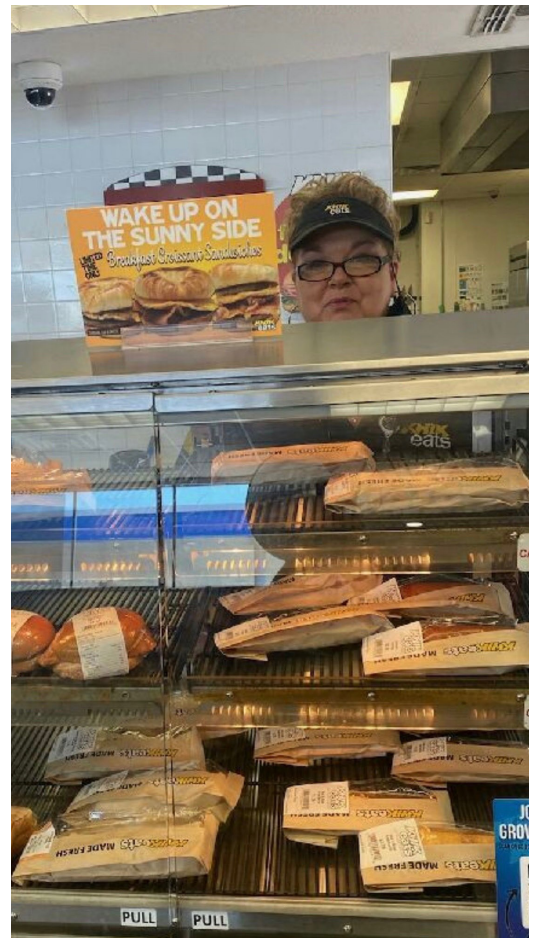
Here's Wesley starting out at 1491 and then heading to 1493 to help out.



Commissary working together to get things done!



Kwik Eats 215 always keeping their hotbox full for our Guest!



Kwik eats 302 Connie loves to take pictures of her stocked up hotbox!

FOOD SERVICE NEWS



Kwik Eats 316 making sure our Guest has a box full of hot food! YUM!



Nico and Ashley, learning how to do the truck order with Danica this week! Love having team members who want to learn!

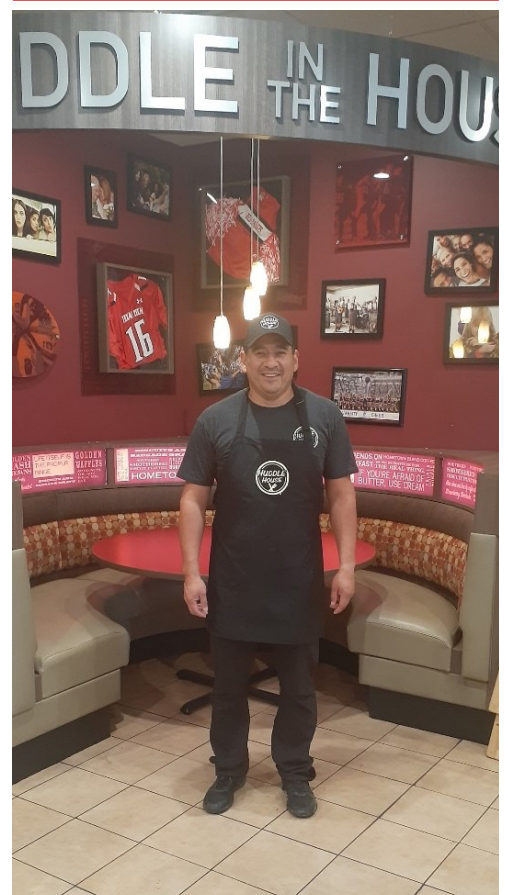


Amy From Huddle House 725 doing her daily counts so we can control our food cost! Short handed and still getting things done! Way to go Amy!!!



Cynthia, Demtris, and Pilar showing our Guests great friendly service! Thank you ladies for all of your hard work!

WELCOME TO THE TEAM!



Want to welcome RJ Gonzalez to Huddle House 930...already rocking the grill!

FOOD SERVICE NEWS



Rustic 315 would like to thank Brianna for always keeping our Guest happy by keeping the hotbox filled!



Elena and Andrew ready to knock orders out at Rustic 440!!!



Rustic 501 Toni helping in the kitchen to get really good food out to our Guest!

DELICIOUSNESS!



New items coming to our food service brands soon!!

SAFETY NEWS

Safety Action for the Week- Stay Clear of “Road Rage”

We have all heard about it and many have experienced it first-hand. Road rage is a real phenomenon and is not limited to certain geographical areas, cultures, or socioeconomic status. In extreme cases, road rage incidents have evolved into horrific wrecks, fights, and even shootings, causing the death of a human being.

Driving in heavy traffic and dealing with aggressive drivers can be frustrating, but our frustration could turn into road rage IF we allow our stress to turn into anger while we are behind the wheel.

Examples of road rage behaviors can include rude gestures (flipping someone “the bird”), verbal insults, driving aggressively/unsafely on purpose, making threats and/or challenging someone to a confrontation. Recognize these signs from yourself and other drivers and be aware they could be leading to an unsafe, “road rage” confrontation.

Additional signs that you may be experiencing road rage:

- Thought of condemnation or violence toward another driver or drivers
- Not obeying traffic laws because you don’t agree with them
- Verbally condemning other drivers
- Engaging in aggressive driving, including:
 - o Following too close
 - o Speeding
 - o Changing lanes quickly and often
 - o Cutting between vehicles when changing lanes
 - o Flashing lights
 - o Making gestures

These may not be behaviors that you are proud of or would like to admit.....even to yourself, but these are all signs of road rage. If you see other drivers exhibiting these behaviors, **the smartest thing to do is back off and create space between your vehicle and the aggressive driver.** Usually, another driver’s aggressive behavior is not personal, but could escalate into a confrontation if the individual is angry. **Nothing good will come from continued interaction with an angry driver!**

Causes of Road Rage

It’s obvious that frustration and stress are the beginning factors of road rage, but road rage happens when drivers feel they have been insulted by others. Other common causes of road rage are:

- Slow drivers
- Tailgating
- Drivers blocking the passing lane
- Getting cut off
- Lack of politeness
- Pedestrians and cyclists



Just Say “No” to Road Rage

by Kevin Michalowski

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SAFETY NEWS

Avoid Aggressive Driving

To avoid road rage while on the road, **make the conscious decision that you will not allow some knuckle head to cause you to act out aggressively while you are behind the wheel.** Here are some additional tips to avoid road rage:

- Stay calm and avoid anger on the road
- Don't yell or make obscene gestures
- Always signal when changing lanes and use your horn sparingly
- Don't drive too closely to other drivers
- Don't take other drivers' actions personally
- Plan ahead for your trips and allow plenty of time to reach your destination

To avoid other drivers' aggression on the road, follow these steps:

- Don't react to another driver's aggression and avoid eye contact
- Don't be tempted to fight-- stay calm
- Lock your doors
- If confronted, go to the nearest police or fire station if you feel threatened

Stay safe and don't let the actions of others lure you into a violent confrontation. If you witness any unsafe situations in your place of work or have recommendations for future safety topics, please send them to safety@kentoil.com.

Stay safe. Stay aware. Stay clean.

**Until next week,
The Safety Guy**

KENT KWIK NEWS



I want to thank Donna and Heather for taking care of 273 while there store Manager was out helping other stores. -OLGA



**Thank you so much
for your hard work! It
doesn't go unnoticed!
You are amazing!**

- Loz

**YOU ARE THE
BEST**

A BIG THANK YOU TO ALL OF OUR TEAM FOR THEIR HARD WORK ALL WHILE PROVIDING THE BEST GUEST SERVICE WITH A SMILE!

KENT KWIK NEWS



Welcome our new Kent Kwik Team Members!



"Thank You" is the least I can say to show my appreciation for everything that The Kent Companies had done for me during my time of mourning for my Brother Christopher. Thank you for my leader's patience and encouragement through my time away from work. I will never forget what everyone had done for me.

Thanks and I'm forever grateful

Reina at 219

MR. PAYROLL NEWS



I am so proud and grateful for the Mr. Payroll team. They have all been working very hard at making sure the locations are covered & taking excellent care of the guests. The following team members have proven themselves to deserve the title of Manager. Well, it has now been made official, and I have no doubt they will respect the title, and take excellent care of their booths. Congratulations to our newest Managers:



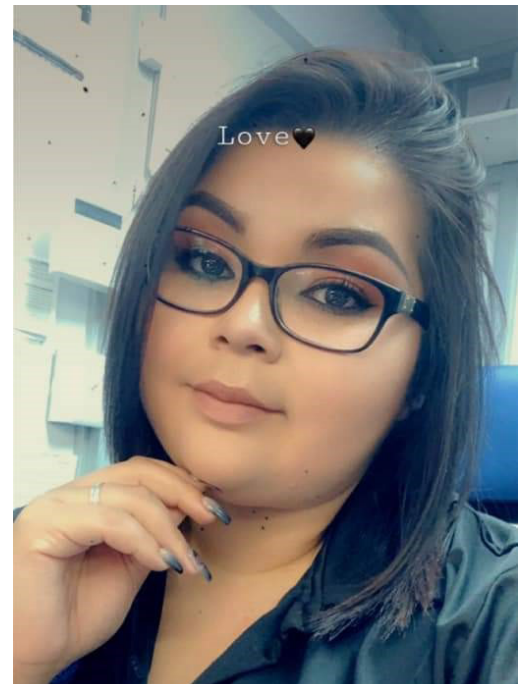
Rosa Hurtle #2319



Rachel Oldag #2215



Cristina Saldana #2303



Elizabeth Galindo #2315 (don't stress, she will still be helping out Rosa at 2302 :)

MR. PAYROLL NEWS



This past weekend we said a sad farewell to Tamyra Andrews from Mr. Payroll #2315. She will be deeply missed by all. We love you Mayra, and we will see you again. OOOs & XXXs

